

# Emergency Child Care Bridge Program for Foster Children

## TRAUMA-INFORMED CARE TRAINING & COACHING PROGRAM



**TRAUMA INFORMED CARE  
TRAINING & COACHING**

The Bridge Program aims to: increase the number of children in foster care successfully placed in child care settings, increase capacity of child care programs to meet the needs of children in foster care, and maximize funding to support the child care needs of eligible families.

### HISTORY

The California Child Care Resource and Referral Network's (The Network) Trauma-Informed Care (TIC) program began in January 2018 with Senate Bill 89 funding the Emergency Child Care Bridge Program for Foster Children (Bridge Program).



The Network created a Trauma-Informed Care (TIC) Training and Coaching Program for trainers and coaches at local California Child Care Resource & Referral agencies (R&Rs) to increase their training and coaching capacity.



These R&R trainers and coaches then work with child care providers in order to enhance their ability to provide nurturing and safe environments for children who have experienced trauma, while building their own self-care strategies.

The Network developed a TIC curriculum that is focused on young children in child care settings. The TIC curriculum accompanied with training materials are both in English and Spanish and available for authorized TIC trainers.

TIC trainings are available to all R&Rs across California for all counties regardless of opt in status on the Bridge Program.

### BETWEEN 2018-2021:

**51**

**COUNTIES**  
Participated in our training & coaching program

**250+**

**TRAINERS & COACHES**  
Authorized to supply Trauma-Informed training for providers

**1750+**

**TRAININGS**  
TIC Trainings offered to child care providers through local R&Rs across the state

California Child Care Resource & Referral

**NETWORK**

# PROGRAM GOALS

The TIC Training & Coaching Program has continued to evolve in order to enhance the support to R&R agencies implementing the Bridge Program.

The ongoing work includes:

- Facilitation of Training of Trainers and Training of Coaches
- Curriculum & training development on specific trauma-informed strategies
- Developing ongoing TIC training and coaching resources
- Continuing to incorporate the use of Adverse Childhood Experiences (ACEs) throughout the program
- Enhancing the program through trauma-informed wellness practices to support Bridge staff at local R&Rs and child care providers

The program also provides ongoing support to local R&Rs in the form of:



# TIC CURRICULUM

This is a Training of Trainers curriculum developed for trainers and coaches at R&Rs across the state. Each module includes sets of PowerPoints, trainer guides, handouts, and videos in English and Spanish with the exception of some videos that are in English only.

The Training of Coaches uses the Caregivers Coaching Guidebook to build coaching tools and skills.

Module 1  
Trauma-Informed Care

This module provides a general overview of trauma-informed care and how it affects child development and behavior as well as providing trauma-informed strategies for child care providers.

Module 2  
Enhancing Caregiver Resiliency

This module provides an overview of how important self-care is for all ages while providing strategies to prevent burnout and compassion fatigue.

Module 3  
Historical & Intergenerational Trauma

This module builds on the foundational TIC curriculum by increasing the awareness, knowledge, and understanding of the specific impact of intergenerational trauma, epigenetics, and racism on us all.

California Child Care Resource & Referral

**N E T W O R K**

For staff contact information and additional resources, scan this QR code:

