



California Child Care Resource & Referral

NETWORK



alternative
payment
program

lifting up children & families

2019 Joint Annual Conference Preliminary Program

Sharing Our Stories...Building Bridges...
Cultivating Caring Communities



October 2-4 2019 | DoubleTree by Hilton Hotel | Sacramento, CA

2019 Joint Conference of the California Child Care Resource & Referral Network and the California Alternative Payment Program Association

Dates and Location

The conference will be held from Wednesday, October 2 through Friday, October 4 at the DoubleTree by Hilton Hotel, 2001 Point West Way, Sacramento, CA.

Hotel Registration Information

The room block at the DoubleTree is currently sold out. To make reservations at an overflow hotel, please contact Danielle Metzger, CAPPA at 916-567-6797 or danielle@cappaonline.com.

Conference Registration

Registration fees include all conference materials, dinner on Wednesday evening, breakfast and lunch on Thursday and brunch on Friday.

Register 5 or More Staff and Save!

If you are a Network or CAPPA member and you register 5 or more of your staff, you will receive a \$46 discount off each registration.

Registration Fees - prices below are per person.

Members:

\$359 for 5+ staff (check)

\$372 for 5+ staff (credit card)

\$405 (check)

\$418 (credit card)

Non-Members:

\$525 (check)

\$542 (credit card)

Register for the conference online using this link:

<http://www.rsvpbook.com/JointAC2019>

Conference fees may be paid by check or credit card. Make checks payable to: CAPPA. Mail checks to: 2019 Joint Annual Conference, CAPPA 1451 River Park Drive, #185, Sacramento, CA 95815. **Please Register Online by Friday, September 13, 2019.**

Cancellation Policy

There will be no refunds issued for cancellations. Refunds will not be made for no-shows and unpaid registration fees will be invoiced. However, substitutions will be allowed. This includes presenters. Should CAPPA & The Network cancel, a full registration fee refund will be issued.

Program

The California Child Care Resource & Referral Network (Network) and the California Alternative Payment Program Association (CAPPA) have joined together to plan, develop and deliver the Joint 2019 Annual Conference.

This conference provides a unique opportunity for staff to come together to discuss and share common issues, successes and challenges as well as time for each of us to get to know our colleagues and renew friendships. This conference is different from the variety of meetings and conferences related to our work, for this conference is by, for, and about the work we do in R&R and AP.

This year's Annual Conference includes a variety of stimulating workshops to meet the needs of staff working with parents; staff providing training and technical assistance to child care providers; program staff-supervisors; managers and executives.

A continued focus of our conference this year, with the recent implementation of the Bridge Program, is on trauma informed practices. The Thursday morning keynote presentation and a number of workshops, including a strand of workshop sessions, will provide information on and insights into this area of our work.

Program (continued)

Schedule of Activities

Wednesday, October 2nd

12:00pm - Registration
1:30pm -3:00pm – Workshops
3:00pm – 3:30pm – Break
3:30pm – 5:00pm – Workshops
5:30pm – 6:30pm - Welcome Dinner and Pre-Sale
Raffle Drawing

Thursday, October 3rd

8:00am - Breakfast
8:30am -9:45am - Keynote Session
10:00am - 12:00 pm - Workshops
12:00pm - 1:15pm - Lunch & Vendors
12:00pm - 5:00pm - Exhibit Hall Open
1:30pm -5:00pm - Workshops
3:30pm - 5:00pm - CAPPa Member Meeting
5:00pm - Dinner and Evening On Your Own
5:00 - 7:00pm – Receptions (optional)
8:00 – 11:00pm – Kaplan Music and Dance Party
(optional)

Friday, October 4th

8:00am - Coffee and Light Morning Refreshments
8:00am – 12:00 pm - Exhibit Hall Open
8:00am -10:30am - Annual Network Member Meeting
8:45am -10:15am – Workshops
10:30am-12:00pm – Brunch, Closing Keynote, Pick Your
Prize and Vendor Raffle Drawings

Networking Opportunities

Join colleagues from around the state on Wednesday, October 2nd at 5:30pm for our Welcome Dinner.

Thursday night will be an opportunity for agency staff to spend time together or for staff from a variety of agencies to renew friendships and/or get to know each. After you've had dinner, get your costumes ready as Kaplan invites you to join them at an 80's themed music & dance party from 8:00 – 11:00 p.m. in the Grand Ballroom at the hotel – prizes included! The dance party is optional. Or, individuals and/or groups can create their own evening plans by heading out into Sacramento to experience what it has to offer.

Ideas include: [Old Sacramento](#). The unique 28-acre National Historic Landmark District and State Historic Park is located along the beautiful Sacramento River. Bustling with activity, the District is alive with shopping, dining, entertainment, historical attractions and world-renowned museums set within the time of the

Networking Opportunities (continued)

California Gold Rush and the Transcontinental Railroad.

[Arden Fair Mall](#) is within walking distance and is home to the restaurants Johnny Rockets, BJ's Restaurant and Brewhouse, Dos Coyotes Border Café, and Seasons 52; The Cheesecake Factory, movie theaters; and department stores including JCPenney, Macy's, Nordstrom and Sears.

Raffle Fundraisers

With the help of our 2019 Conference Planning Committee members, there will be 3 separate raffles to be held over the course of this year's conference.

Agency Pre-Sale Raffle - With the generous support of R&R and AP staff last year, the Joint Network/CAPPa conference held a very successful raffle pre-selling tickets prior to the conference. Together we raised over \$9,000. Our goal is to top that figure this year.

The drawing of the Agency Pre-Sale Raffle tickets (Agency Raffle) will occur on Wednesday evening during the Welcome Dinner. All sold tickets must be turned in by 5:00 pm on Wednesday evening in order to be entered. To make this drawing a success, we request the participation of all the agencies that are either members of the Network or members of CAPPa, or members of both organizations.

The theme for the Agency raffle this year is *Promoting Self Care and Resilience*. We encourage agencies to contribute items that are easily packed into a suitcase - a gift (i.e. a camera), or gift cards (usable no matter where the person lives – i.e. Target, VISA, etc.). If you're donating a gift card, use your creativity and imagination to provide minimally a \$25.00 gift card. The committee is encouraging larger agencies to donate a total of \$100 in gift cards, mid-size agencies \$50 and smaller agencies \$25. The grand prize this year is gift cards and/or prizes valued at \$1,000.

Part of the fun of the raffle is to view the raffle displays member agencies create each year. Please create an engaging raffle prize display. We'd like the displays this year to be no larger than 12" x 12" x 12". Last year there were some very creative displays that housed the donated gift cards or raffle prize(s). The committee wants

Raffle Fundraisers (continued)

to continue to acknowledge the displays by giving out awards for how the raffle prizes are displayed. Award categories for the displays include: Most Creative, Most Californian, Most Colorful, Most Original, Most Efficient/Effective Use of the 12 x 12 x 12 Display Format, and Best of Conference – Promoting Self Care and Resilience. Be creative with your display/packaging of your prize(s) and make sure your agency's name appears somewhere on the outside of the display. **When selecting a gift or creating a gift basket to contribute to the raffle, please remember that some winners will need to transport the item(s) on a plane; therefore, we're asking that all prizes are able to fit in a suitcase, be appropriate for air travel, and that displays or prize packaging be no bigger than 12" x 12" x 12". Thank you!**

Conferee Pick-Your-Prize Raffle - The Conferee Pick-Your-Prize Raffle will include a number of prizes that conference attendees could win. Tickets for the Pick-Your-Prize Raffle will only be available for purchase at the conference and we will begin selling these tickets on Thursday, October 3rd. Once tickets are purchased, conferees drop their tickets in the container placed in front of the prize(s) they'd like to win. The drawing for this raffle will be Friday morning at Brunch.

Vendor Raffle – Individual vendors are encouraged to raffle off a prize or service but each vendor will be responsible for collecting their own tickets and drawing the prize winner(s). The drawing of the vendor prizes will occur on Friday at Brunch.

2019 Annual Conference Committee

Christopher Atkinson
Child Care Resource Center
Los Angeles and San Bernardino Counties

Mindy Brown
Valley Oak Children's Services
Butte County

Vanessa Dilks
Child Care Links
Alameda County

Tina Fleton
BANANAS, Inc.
Alameda County

Michelle Graham
Children's Resource & Referral of
Santa Barbara County

Cassy Leggett
Shasta County Office of Education
Shasta and Tehama Counties

Shirelle Perez
Kern County Superintendent of Schools
Community Connection for Child Care
Kern County

Jessica Reynaga
Drew Child Development Corporation
Los Angeles County

Angela Rodriguez
Supportive Services, Inc.
Fresno County

Jasmine Tijerino
Child Care Coordinating Council (4C's) of
San Mateo County

Michaela Weber
YMCA Childcare Resource Service
San Diego County

For more information, please contact:

Danielle Metzger, CAPPA
(916) 567-6797, Danielle@cappaonline.com

Or

Cindy Mall, Network
(415) 494-4642, cmall@rrnetwork.org

Wednesday Afternoon SEMINARS – 1:30 to 5:00 p.m.

- A. **Strategies for the Future: A Roundtable Discussion for Organizational Leadership** (Executives, Board Members, COE Directors/Assistant Superintendents)
Executive Director/Executive Facilitators to be announced
Strand: Executives & Managers
This session provides an opportunity for leadership of member organizations to confer with and learn from each other about strategic opportunities and challenges as well as leadership and management challenges, while getting to know one another better. Come prepared to share with your colleagues what you are working on to enhance your organization's impact and sustainability and/or the challenges that most concern you.
- B. **Strength-Based, Trauma-Informed Supervision and Coaching**
Jennifer Carlin, San Francisco City College
Strand: Managers
How do you focus on what's strong and still correct what's wrong? This workshop explores how to motivate staff, gain a better understanding and appreciation of the strengths of your team, and develop emerging leaders by using strength-based, trauma-informed supervision strategies. Included in this session will be a discussion of how to create an inclusive workplace, and tips and techniques to help you coach employees and build healthy teams. In this session you will gain practical, powerful skills to keep conflict from escalating; listen without defensiveness; find common ground and satisfying solutions; and create positive, lasting change.
- C. **How to Help Children Build Resilience**
Laurie Prusso-Hatch, Consultant
Strand: Professional Growth
Resilience is the capacity to draw forth our courage and cleverness in the face of challenges, struggles and hardship. Early childhood professionals have a great opportunity to give children the tools and skills they will need to find their inner strength and reach their potential. Participants will learn: 1) that, while we don't seek challenging and traumatic experiences, adversity is often the refiner that helps human beings become strong, courageous, wise and purposeful; 2) about four adult/child interactions that will enhance the child's likelihood of becoming resilient: recognize that our role is helper/healer/teacher, validate experiences, and emotions/feelings of child, seek solutions, encourage; 3) how to enhance their own resilience and build upon their experiences and strengths; 4) why connection and security are vital in all adult-child interactions.
- D. **A Guide by Their Side, Not a Sage on the Stage: Approaches for Authentic Parent & Provider Engagement**
Troy Nichols, Strategies 2.0, Child Abuse Prevention Center, Sacramento
Strand: Working with Parents
It's all about being a "guide by their side," and not a "sage on the stage." An introduction to a collaborative, relationship-based approach to case management that goes beyond direct service to provide openings for transformative change. Learn about follow-along and listening techniques (a.k.a. "facilitating change talk") that tap into a parent's or family's own resources and motivations to make good things happen for their children and themselves.

Wednesday Afternoon SEMINARS – 1:30 to 5:00 p.m. (continued)

E. Introducing the Bridge Program’s Trauma Informed Care Training & Coaching Curriculum for Child Care Providers

Charlotte Williams, California Child Care Resource & Referral Network

Strand: Trauma Informed Care

The Trauma Informed Care Training & Coaching Curriculum for the Bridge Program has expanded its reach, with funding from CDE, to support professional learning opportunities for all QCC partners, including R&R & CCIP staff. This session will provide a general overview of the TIC Bridge curriculum, offer best practices for transfer of learning, and connect participants with additional resources to guide training design and implementation.

Wednesday Afternoon Workshops – 1:30 to 3:00 p.m.

F. Looking at Families Through a Different Lens: An Introduction to the Strengthening Families Protective Factors Framework

Carlos Lara, Kern County Superintendent of Schools, Community Connection for Child Care

Strand: Strengthening Families

This workshop will provide participants with the tools needed to view families from a different perspective by using the Strengthening Families Protective Factors Framework. Participants will learn about the Five Protective Factors that help make all families strong. The role of culture, examination of bias, and the importance of involving families in program planning are explored.

G. RELAX! Working in a Stress-Free Environment

Joshua Alvarez, Kaplan Early Learning Company

Strand: Promoting Self-Care and Resilience

Come join us and learn five easy steps in turning your negative stress in to a positive experience by learning self-relaxation and regulation strategies, and creating a healthy work environment and life.

H. Attendance Recording, Reporting and Provider Payments

Early Learning and Care Division, Field Services Staff, California Department of Education

Strand: AP Administration

This workshop presents an overview of the changes to attendance reporting as prescribed in AB 274. It will provide information on provider payment requirements and parent and provider responsibilities for attendance recording for reimbursements.

I. Parent Appeals

Janine Weglin and Divine Moody, Early Learning and Care Division, Parent Appeals Staff, California Department of Education

Strand: AP Administration

The Parent Appeal staff will discuss the notice of action and the parent appeal process. The staff will provide an in-depth presentation outlining the requirements for the local agency parent appeal process and the state level appeal process as they align with Title 5 California Code of Regulations. Questions will be addressed following the presentation.

Wednesday Afternoon Workshops – 1:30 to 3:00 p.m. (continued)

J. **CCIP Hot Topics 2019**

Disa Lindgren and Helen Woodlee, California Child Care Resource & Referral Network

Strand: Working with Providers

Join the Network CCIP Team for a conversation about recent trends and upcoming plans. Bring any burning questions or hot tips you'd like to discuss and share your thoughts about how to keep CCIP growing to better serve children, families, and the providers who work with them.

K. **Protecting Children's Environmental Health: The Location of a Child Care Facility Matters**

Gabriele Windgasse and Nancy Villaseñor, California Department of Public Health

Strand: Health and Safety/Supporting Providers

There are no guidelines to prevent a child care facility or an early education program from opening in a contaminated former industrial building or next door to a business that uses harmful chemicals. Family child care providers live in neighborhoods with varying environmental health concerns. The locations of child care centers and family child care homes can put caregivers and children, who are more sensitive to the effects of chemicals, at risk of exposures and potential health concerns. In this interactive workshop, you will learn how to protect children's environmental health and your health through hands-on activities and discussions.

L. **Findings and Insights from Nontraditional Hours of Child Care Study**

Gemma DiMatteo and Keisha Nzewi, California Child Care Resource & Referral Network

Strand: Building Knowledge in the Child Care Field

This year, the Network conducted focus groups, interviews and surveys across California to learn more about the experiences of parents working nontraditional hours, and providers who care for children during these hours. Join us as we discuss the main findings and policy recommendations, and share your observations on nontraditional care in your community.

M. **The Powerful Role of Play in Education**

Laura Bridges-Newhouse, Early Learning and Care Division, California Department of Education and Julie Nicholson, WestEd

Strand: Building Knowledge in the Child Care Field

Join us for a tour of this new publication from CDE from the Best Practices for Planning Curriculum for Young Children Series. *The Powerful Role of Play in Education* describes types of children's play and what play-based learning looks like. Includes an exploration of the role of teachers and administrators in supporting play-based learning, how to create play environments that support children's development and learning, and the role of play in trauma-informed practice. Learn about strategies that empower children to be intrinsically-motivated learners through their play experiences. We will discuss play research and a global look at children's play.

Wednesday Afternoon Workshops – 3:30 to 5:00 p.m.

N. Knowledge of Child Development: Why is it important to have knowledge of Child Development?

Perla Davis, Kern County Superintendent of Schools, Community Connection for Child Care

Strand: Strengthening Families

This protective factor session consists of why it is importance to have knowledge of parent and child development and how culture influences knowledge. When parents have knowledge of basic child development, they are more likely to have realistic expectations of their children and they are better able to provide appropriate options and responses to typical child behaviors.

O. Self-Care Activities

Presenter(s) to be announced

Strand: Promoting Self-Care and Resilience

This workshop will provide you with a menu of options you can use to manage stress, and activities you can participate in to bring more balance into your life.

P. Calculating, Collecting and Earning Family Fees

Early Learning and Care Division, Field Services Office, California Department of Education

Strand: AP Administration

This workshop will focus on the basic elements of assessing a family fee, developing family fee collection policies, fiscal reporting and how to earn your family fees. Participants will learn how to calculate and make adjustments to family fees, and address delinquent family fees and payment plans. Best practices will be discussed and a question and answer period will be included.

Q. Training Eligibility Staff How to Authorize Care

Jasmine Tijerino, 4Cs San Mateo, Cassandra Burch, Human Response Network, and Joie Owen, Glenn County Office of Education, Child & Family Services, Chris Atkinson and Ilda Harsony, Child Care Resource Center

Strand: AP Administration

Are you a new eligibility coordinator or specialist and want some further guidance on how to authorize child care for families? In this workshop you will learn how to set up a child care schedule now that you have collected the family's need documentation. You will learn how to create a schedule for non-traditional needs and two-parent households. Participants will have an opportunity to learn best practices from a panel of subsidy experts to help you in your day to day work, and to ask questions.

R. CCIP Module on Special Needs and Inclusion (Spanish)

Presenter(s) to be announced

Strand: Working with Providers

In this session, targeted for CCIP trainers, we will explore the new Special Needs and Inclusion Module in Spanish. Participants will engage in interactive activities from the module and have their questions answered so they feel confident about presenting the module to CCIP training participants in the communities they serve.

S. Emergency Preparedness For Child Care Providers

Andrea Cervantes and Nancy Aguilar, Central Valley Children's Services Network, and Nick Bello, Lionheart Safety

Strand: Health & Safety/Supporting Providers

A look at The Emergency Preparedness Seminar organized by Central Valley Children's Services Network in collaboration with Lionheart Safety that brought together local community organizations to inform child care providers on how to be prepared for disasters. This workshop will include information on the planning, implementation, resource and incentives provided at this event; including a demonstration of the Childcare Provider Emergency Ready-to-Go Bag created specifically for childcare providers!

Wednesday Afternoon Workshops – 3:30 to 5:00 p.m. (continued)

T. **What's New with My Child Care Plan?**

Gretchen Schwab, California Child Care Resource & Referral Network and panelists to be announced

Strand: Building Knowledge in the Child Care Field

Get the latest information on the progress of the My Child Care Plan database and the statewide consumer education site, MyChildCarePlan.org. Participants will hear from the M CCP database developers, R&R users, and Network staff.

U. **Sensory Activities for Trauma, Disabilities and Classroom Management**

Shana Bender, Infant/Child Enrichment Services, Inc.

Strand: Building Knowledge in the Child Care Field

The need for sensory literacy is becoming more recognized in the ECE world and beyond. Whether it's being used for disabilities and inclusion, trauma informed care, or classroom management, teaching providers about sensory literacy can help them provide children with more tools for their self-regulation toolbox. We will be discussing all seven senses, including proprioception and vestibular, and activities to encourage self-regulation.

Wednesday Evening Opening Dinner

5:30 p.m. to 6:30 p.m.

Welcome!

*Remarks by Denyne Micheletti Colburn, California Alternative Payment Program Association and
Linda Asato, California Child Care Resource & Referral Network*

Sharing Our Stories...Building Bridges...Cultivating Caring Communities

Kim Johnson, Director, California Department of Social Services

Kim Johnson was appointed by Governor Newsom as the Director of the California Department of Social Services in June of 2019. She has been serving the department since 2015, when she entered state service as Branch Chief of Child Care and Refugee Programs. Kim also has served as the Branch Chief of CalWORKs and Child Care, from 2017 to 2018, and most recently as the Deputy Director for the Family Engagement and Empowerment Division. Kim brings a strong passion and commitment to social justice, equity, and poverty disruption to her work.

Before coming to the Department, Kim served as public policy director at the California Child Care Resource & Referral Network from 2012 to 2015, where she led the sponsorship and advocacy around several legislative and budget proposals, including increased inspections in licensed child care facilities.

She has also been appointed to serve as a member of the State Interagency Coordinating Council on Early Intervention, State Advisory Council on Early Learning and Care, and Child Care Aware of America's Public Policy Committee. She holds a degree in Social Welfare from the University of California, Berkeley.



Agency Pre-Sale Raffle Ticket Drawing

October 3, 2019

Thursday Morning Plenary Session

8:00 to 9:45 a.m.

Grand Ballroom

Welcome

*Remarks by John Jones, CocoKids, Network Board President and
Rick Richardson, Child Development Associates, Inc., CAPPA Board President*

**Transforming the System: Moving Beyond Trauma and
Toward Resilience, Recovery, and Health**

Dr. Isaiah Pickens, Ph.D.

Assistant Director, Service Systems Program

The UCLA-Duke National Center for Child Traumatic Stress

Founder iOpening Enterprises

Dr. Isaiah Pickens is a licensed clinical psychologist who specializes in consulting, counseling, and educational services for individuals and organizations. Dr. Pickens is currently Assistant Director of the Service Systems Program at the UCLA-Duke National Center for Child Traumatic Stress (NCCTS), the coordinating site of the National Child Traumatic Stress Network (NCTSN). In this role he is responsible for supporting diverse national, cross-disciplinary, and collaborative efforts to make child- and family- service systems more trauma informed. His research focuses on trauma-informed and culturally responsive programming in numerous service sectors and optimizing service utilization among underserved communities. Dr. Pickens is also founder of iOpening Enterprises, a mental health and wellness education company that specializes in health messaging through innovative media and interactive and evidence-informed workshops. Dr. Pickens is currently a Robert Wood Johnson Foundation Culture of Health Leader. In this capacity, he works collaboratively with cross-sector scholars and practitioners to promote a culture of health in America.



Thursday Morning Workshops - 10:00 to 12:00 noon

V. How do Federal and State Political Trends and Issues Impact Child Care?

Panelists to be determined

Strand: Executives & Managers

Does the political climate in Washington, D.C. impact our programs in California? How does Governor Newsom interact with the Trump administration? Is California fiscally ready to weather another recession? And how are our programs and families impacted by our changing State demographics? Come prepared to hear from political experts and commentators tasked with analyzing our current economic and political landscape.

Thursday Morning Workshops - 10:00 to 12:00 noon (continued)

W. **Implementation of a Trauma-Informed System**

Dr. Isaiah Pickens, Assistant Director, Service Systems Program, The UCLA-Duke National Center for Child Traumatic Stress, Founder iOpening Enterprises

Strand: Managers

Moving from knowing trauma-informed practice to implementing trauma-informed practice can be difficult for any organization. This interactive presentation reviews the key principles of a trauma-informed system and outlines the steps for implementation using the EPIS Framework, an evidence-based approach to implementing practices and procedures in systems. Participants will gain insight into the practical next steps to strategically plan for implementation and gain buy-in from stakeholders. *(This workshop ends at 11:30 a.m.)*

X. **The Empathy Effect**

Kelly O'Laque Dulka, Hively

Strand: Professional Growth

In this workshop, we will focus on the scientifically-proven benefits of empathy, from how empathy develops to how we can nourish it, not only in ourselves but in everyone we encounter. Utilizing the framework developed by Helen Riess, MD, we will explore tools for building our capacity to recognize and promote empathy in children and families, in our workplaces, and most of all, in ourselves.

Y. **Meeting Families Where They Are: Communication, Pacing, De-escalation**

Jennifer Carlin, San Francisco City College

Strand: Working with Parents

Join this session to learn strategies that will help you connect with and assist the parents, providers and families you serve. Information on communication techniques, pacing conversations to help others feel grounded and present, and what you can do to de-escalate an emotional reaction or situation will be discussed.

Z. **Positive Social Connections – Protective Factor**

Justin Margolis, Valley Oak Children's Services

Strand: Strengthening Families

This workshop will help participants gain a better understanding of the importance of Positive Social Connections as it relates to the 5 protective factors.

AA. **Emergency Foster Bridge Navigators Circle**

Jeremy Heebner and Tracy Urban, Family Engagement and Empowerment Division, California Department of Social Services and Kelly Graesch, California Child Care Resource & Referral Network

Strand: Trauma Informed Care

This Roundtable session will provide opportunities for Emergency Foster Bridge Navigators to meet in-person and share successes and challenges related to mapping resources and developing child care plans for resource families. Come prepared to share what tools you have found helpful in charting successful routes, and learn about new navigational strategies that have worked for others.

BB. **Understanding and Overcoming Work-based Stress in ECE**

Kathleen White, San Francisco City College

Strand: Promoting Self-Care and Resilience

Participants will unpack the causes of work-based stress in early childhood settings and explore the unique characteristics of female dominated work-places, the needs of service providers and the systemic barriers in the field. Participants will receive tools for understanding a range of dysfunctional work environments and strategies for addressing stressful situations and structures at work. Skills can be utilized to address situations in a range of settings.

Thursday Morning Workshops - 10:00 to 12:00 noon (continued)

CC. **Program Self Evaluation Submission**

Early Learning and Care Division, Field Services Office, California Department of Education

Strand: AP Administration

Contractors are required to analyze findings from the self-evaluation and develop both a written list of tasks to modify the program for all areas needing improvement and procedures for ongoing monitoring to assure that areas that are satisfactory continue to meet standards. Contractors are required to submit a Summary of Findings of the Program Self-Evaluation (PSE) to the California Department of Education (CDE) by June 1 of every year. This workshop provides the submission requirements for the PSE. It includes instructions for completing the required form (ELCD 4000) as well as additional resource materials.

DD. **New Family Stability in CalWORKs Stage One Child Care**

Patti Prunhuber, Child Care Law Center, Jennifer Greppi, California Child Care Resource & Referral Network – Parent Voices, California, a representative from the Children’s Council of San Francisco, and other presenters to be announced

Strand: AP Administration

As a result of the Budget Act of 2019, families enrolled in CalWORKs cash aid will be receiving 12 months of eligibility for subsidized child care similar to how it works in all other California subsidized child care programs. The program rules for how families access Stage 1 child care will be streamlined. Come learn about how these new rules will affect the administration of Stage 1 and the transfer to Stage 2.

EE. **CCIP Module on Family and Community Engagement**

Grace Hartman, California Child Care Resource & Referral Network

Strand: Working with Providers

In this session, targeted for CCIP trainers, we will explore the new Family and Community Engagement Module. Participants will engage in interactive activities from the module and have their questions answered so they feel confident about presenting this module to CCIP training participants in the communities they serve.

FF. **Hot Topics and Updates for Preventive Health and Safety Trainers**

Bobbie Rose and Mira Liao, UCSF California Childcare Health Program, Lucy Chaidez, Emergency Medical Services Authority, Cecelia Fisher-Dahms, Early Learning and Care Division, California Department of Education, and Maisha Cole, Child Care Law Center

Strand: Health & Safety/Supporting Providers

Come to this workshop for the latest updates for health and safety trainers. We’ll discuss disaster preparedness; lead poisoning prevention; drinking water safety; air quality; safe sleep; and more! Be informed about state and federal requirements and best practices for health and safety and what you can do to ensure that the child care workforce has the most accurate and up-to-date information.

GG. **Its Developmental-- How (Im) Maturity and Experience Influence Behavior**

Laurie Prusso-Hatch, Consultant

Strand: Building Knowledge in the Child Care Field

In the first five years of life, development and relationships lead behavior. Most of what we interpret as “misbehavior” is simply a child who has not yet learned and mastered more mature behavior. Our greatest opportunity to enhance more mature and appropriate behaviors is to recognize the role of the developing impulse control and regulation system in the brain and to work with it. Expectations that are age and stage appropriate coupled with caring, compassionate and exciting relationships exponentially improves the outcome. Participants will learn: 1) what developmentally appropriate practice is; 2) how to support children in achieving mastery in behavior and other learning; 3) why encouragement is better than behaviorism.

Thursday Morning Workshops - 10:00 to 12:00 noon (continued)

HH. Sesame Street Learning And Growing Together

Louise Garnica and Evelyn Sanchez, Child Care Resource Center

Strand: Building Knowledge in the Child Care Field

Interactive training, Sesame Street 'Growing and Learning Together' will enable participants to: Identify child development milestones ages 0-5, and the ways to help build a child's brain; Explore and evaluate the impact of "3 R's" (Routine / Respectful / Relationships); Investigate, discover and create hands-on strategies and activity extenders using everyday moments in the environment around you.

II. New Laws in Child Care

Laurie Furstenfeld, Child Care Law Center

Strand: Advocacy

Each year California updates laws and allocates funding for child care. These changes may affect eligibility requirements for child care subsidies, new health and safety rules, required trainings, and more. Stay in the know! Learn about the most recent updates to child care in California and how YOU can support families and child care providers with these new changes.

**Thursday Lunch and Exhibitor Tables
12:00 noon to 1:15 p.m.**

Thursday Afternoon Workshops–1:30 to 3:00 p.m.

JJ. Succession Planning as a Best Practice in the Public and Non-Profit Sectors

Cheryl Nelson, Kern County Superintendent of Schools, Community Connection for Child Care

Strand: Executives/Managers

This workshop will focus on the value of succession planning in the public and non-profit sectors, while preparing for retirements, resignations, and downsizing. You will have the opportunity to take a deeper dive into topics and conversations related to succession planning through engagement and interaction with others. We will discuss the dynamics of identifying and developing existing organizational talent.

KK. Where are we going? A Conversation with CDE & CDSS

Representative from the California Department of Education, Early Learning and Care Division, Natasha Nicolai, California Department of Social Services, CalWORKs and Child Care Branch, Family Engagement and Empowerment Division, and a Representative from the California Department of Social Services, Community Care Licensing Division

Strand: Executives & Managers

State level representatives will discuss how they envision the early care and learning field going in the coming years and how their departments' efforts contribute towards building California's support system for children and families. They'll review their department's large scale efforts and how these programs, strategies and our state's CCDBG funding fit together and where R&Rs and APs play a role in implementation towards our state's vision for the children and families we are charged to support. They'll also share any insights that we might need to take into consideration as one of their key partners in this work.

LL. What Makes Conflicts in our Workplaces Unique... Women, Communication, and Problem Solving

Kathleen White, City College of San Francisco

Strand: Managers

Explore the challenges and opportunities presented in workplaces with a primarily female workforce. Learn strategies for problem-solving, addressing conflict and improving communication. Understanding the roles that women have been socialized to play as mediators and peace-makers and how direct communication and confrontation may be helpful skills in managing workplace differences in helping professions. This session will include roleplays and strategies for addressing workplace conflicts.

MM. Nonviolent Communication - Speaking and Hearing from the Heart - Supporting Families

Wilma Gold and Lola Cornish, Educators for Peaceful Classrooms and Communities

Strand: Working with Parents

Participants will learn the basic components of Nonviolent Communication. We will practice by using the real communication challenges you experience in your everyday work with families. The skills learned in this workshop will support you in developing positive relationships and the ability to connect in meaningful ways with others toward true understanding.

NN. Integrating Strengthening Families in R&R Programs

Ludie Montoya, Kern Country Superintendent of Schools, Community Connection for Child Care

Strand: Strengthening Families

The purpose of this workshop is to provide R&R's with examples and methods of implementing the Strengthening Families workshops into their already existing training schedules and planning for future workshops.

Thursday Afternoon Workshops -1:30 to 3:00 p.m. (continued)

OO. **Building Resilience in Children: A Trauma-Informed Approach**

Kelly O'Laque Dulka, Hively

Strand: Trauma Informed Care

In this workshop, participants will learn strategies to build resilience in children who have experienced trauma. We know that trauma can have a lasting effect on children, and if not addressed, it can adversely affect healthy emotional and physical development. Using a trauma-informed approach, participants will learn concrete strategies to foster healing and connection – keys to building resilience in children

PP. **Understanding the Escalation Cycle: Prevention, Intervention and Recovery**

Michelle Graham, Jacqui Banta, and Rachel Ross, Children's Resource & Referral of Santa Barbara County,

Strand: Promoting Self-Care and Resilience

You can't miss this dynamic trio as they bring to life practical solutions to some of the most challenging moments in early care and education and demonstrate the ability to maintain self-regulation. Learn how our own behavior, responses and resiliency in the moment of crisis can directly relate to successful management of these tough situations. The knowledge you gain today will be able to be implemented tomorrow; leaving you with life changing practices and tools to give you confidence in the most vulnerable times. Covering topics: Challenging behaviors, autism, inclusion, self-care, resiliency, self-regulation, trauma, and more!

QQ. **Contract Requirements Overview** (Alternative Payment Programs)

Early Learning and Care Division, Field Services Office, California Department of Education

Strand: AP Administration

This workshop will provide an overview of some contract requirements for alternative payment-based programs. Participants will also learn how to find AP program requirements and how to stay informed on the latest information from ELCD.

RR. **Managing Relationships with Providers-AP Focused**

Antonio Arteaga, Child Action Inc., Debora Harris and Rosa Padilla, Children's Resource and Referral of Santa Barbara County, and Tiffany Phovixay and Rachel Almendarez, Family Resource and Referral of San Joaquin County

Strand: AP Administration

During this workshop, a panel of agency staff will share ways that they are interacting with and engaging providers and the workshops and support that their agency offers for providers. There will also be conversations on how to ensure providers are not employees as well as dis-enrolling providers.

SS. **Come and Fill Your Trainer Toolbox!**

Alyssa McCombs, Valley Oak Children's Services

Strand: Working with Providers

A train-the-trainer presentation on some fresh new ways to integrate ECE Competencies, California Foundations and Frameworks, and Early Childhood Developmentally Appropriate Practice into the Provider Workshops that you offer. Workshop topics discussed will include Process Art, Supporting Culture and Diversity in ECE Programs, Emergent Curriculum/ Theme-Based Webbing, and Science for Infants and Toddlers. These workshop topics are aligned with the current trends in the larger ECE/CD Community, and are the subjects that the Child Care Providers and Community Members you work with will be interested in!

Thursday Afternoon Workshops -1:30 to 3:00 p.m. (continued)

TT. **TrustLine – From Fingerprints to Final Results**

Renee Neal and Ryan Boruff, California Department of Social Services, Community Care Licensing Division, and Cindy Mall, California Child Care Resource & Referral Network

Strand: Health & Safety

Join staff from around California that facilitate the TrustLine registration process in local agencies to discuss current processes and procedures, the roles of DOJ, CDSS, the Network, R&Rs and APs in the application process, and how you can assist in decreasing processing time. This session will include an overview of the CDSS - TrustLine Web-based Application (TWA) process, reimbursement for fingerprint rolling fees, technology advancements at CDSS, and TrustLine for the Bridge program.

UU. **Small & Rural Agency Networking and Conversation on Issue Specific Topics**

Panelists to be determined

Strand: Building Knowledge in the Child Care Field

Smaller contracts implement changes and policies slightly different than mid to larger agencies. Come together to share experiences and network with peers to explore opportunities on doing things differently, sharing Best Practices, and giving input to CDE on what supports you need. Experts and other associations anticipated in joining this conversation.

VV. **In Defense of Families: Immigration Issues in Child Care**

Patti Prunhuber, Child Care Law Center, Leoncio Vasquez Santos, Board Member of Central Valley Immigrant Integration Collaborative (CVIIC), Lou Hernandez, Central Valley Children's Services Network, and other panelists to be announced

Strand: Building Knowledge in the Child Care Field

Immigrant families face a heightened fear of deportation and family separation in our current environment. This panel will discuss how you can support immigrants and agencies serving immigrant communities, including practical resources you can offer to support vulnerable families. We will cover immigrant eligibility for state and federally funded child care, the proposed expansion in what benefits would be considered in the public charge determination, and efforts to counter the projected undercount of Latino and other immigrants due to the 2020 U.S. Census Bureau's planned question on citizenship.

WW. **R&R and AP Roles in Upcoming and Sometimes Unexpected, Advocacy Opportunities**

Facilitated by Keisha Nzewi, California Child Care Resource & Referral Network; Panelists: Mary Ignatius, California Child Care Resource & Referral Network, and other panelists to be announced

Strand: Advocacy

We have all traditionally participated in the budget and legislative processes, but recent and upcoming policies and activities provide a unique opportunity to have our voices heard loud and clear. We will discuss how our organizations and programs can impact Census 2020, Election 2020, the implementation of AB 1001 (Local Planning Councils) and the opportunities provided by the Blue Ribbon Commission's recommendations. This will be a jam packed session with experts, including you!

Thursday Afternoon Workshops - 3:30 to 5:00 p.m.

XX. **CAPPA Member Meeting**

CAPPA Board of Directors and Denyne Micheletti Colburn, CEO, California Alternative Payment Program Association

Come hear what CAPPA is intending to deliver to our members in 2020 and provide input on the development of member best practices. The CAPPA Board will share their priorities, as well as their member committee reports.

Please note that this meeting is limited to staff from agencies that are members of the California Alternative Payment Program Association

YY. **Building Your Dream Team**

Darrell Whitacre, Boris Alvarado, Moises Roman, Buena Rowe, and Iris Bradford, UC Berkeley Early Childhood Education Program

Strand: Managers

We all want to belong to a team that values our contributions. Teams come in all shapes and sizes but at the end of the day the team's effectiveness and cohesiveness are what matters. Whether you came in at the beginning or inherited your team, this workshop will guide you through the process of building your dream team. Learn how you can achieve the vision, mission, and objectives of your organization as a dream team.

ZZ. **Bridging the Generation Gap: Working with Parents and Staff of Multiple Generations**

Jill Johnson, Riverside County Office of Education

Strand: Professional Growth

Workplaces and early care and education programs today are filled with staff and parents that are from multiple generations. Baby boomers, Generation X, Millennials, and more have different values and beliefs about work, child development, and relationships that can impact staff and parent relationships. Come learn about differing views of multiple generations and how your interactions with each group can impact your program and you daily work.

AAA. **Father Friendly Programming**

Jethro Rice, BANANAS, Inc.

Strand: Working with Parents

The focus of this workshops will be on how fathers/father-figures support early childhood, how providers and programs can support and engage fathers, and the implementation of the Father Friendly Principles. Participants will build their capacity to effectively engage fathers and father-figures through training, reflections, and networking with other providers.

BBB. **Strengthening Families Certified Trainer Community of Practice – A Session for Certified Trainers Only**

Ludie Montoya, Kern Country Superintendent of Schools, Community Connection for Child Care

Strand: Strengthening Families

This session is open only to those individuals who have been certified as trainers by the National Alliance of Children's Trust and Prevention Funds.

Thursday Afternoon Workshops - 3:30 to 5:00 p.m. (continued)

CCC. **Trauma Informed Care (TIC) Training throughout California**

Jessica Reynaga, Drew Child Development Corporation and Charlotte Williams, California Child Care Resource & Referral Network

Strand: Trauma Informed Care

The purpose of this panel discussion is to share emerging promising practices and challenges as they relate to implementing the TIC Training component of the Emergency Child Care Bridge for Foster Children Program across the state of California. The panel will be made up of those trainers, coaches, and managers responsible for the design and implementation of TIC training locally. The goal of this workshop is to provide useful insights and lessons learned from current TIC efforts in order to support the continued development of TIC Bridge efforts moving forward.

DDD. **Creativity Flows from a Quiet Mind: Meditation for Busy People**

Craig Newhouse and Laura Bridges-Newhouse, Bridges Transformation Network

Strand: Promoting Self-Care and Resilience

A regular meditation practice increases our mental clarity, nourishes our emotional stability, and opens us up to be in the flow of our personal and professional life. Through the inner states of deep relaxation found in meditation, we attain greater effectiveness, happiness, and contentment. Learn tips on how to meditate and how to create your own tailor-made meditation practice that works for you. Participants will be offered several meditation formats to explore. This workshop concludes with a guided meditation. Relaxation guaranteed!

EEE. **Overview of Recent Policy Changes Due to Recent Legislation in Budget Act of 2019**

Early Learning and Care Division, Policy Office, California Department of Education

Strand: AP Administration`

The Policy Office will provide an overview of new legislation that was passed in the Budget Act of 2019 relevant to CDE-funded programs. The overview will provide a list of upcoming Management Bulletins, implications to programs and expected implementation dates.

FFF. **Case Management Roundtable**

Bris Saligan, Marin Child Care Council, Lupe Castillo, Supportive Services, Inc., and Gabrielle Dehoff, Family Resource and Referral of San Joaquin County

Strand: AP Administration

Curious to know how agencies conduct case management within their organization? Interested in how to enhance your case management process? Want to connect with other case managers to share best practices? Join us for this workshop and hear this panel of agency experts share their experiences. Learn from others about case management best practices, and network with one another.

GGG. **Supporting License-exempt Child Care Providers**

Presenters to be announced

Strand: Working with Providers

Come learn from colleagues with expertise in the field how to work effectively with license-exempt (LE) and family, friend, and neighbor (FFN) caregivers. During this workshop we will discuss how to conduct outreach, provide engaging activities, and support LE/FFN providers. An emphasis will be placed on LE providers caring for children with a child care subsidy.

Thursday Afternoon Workshops - 3:30 to 5:00 p.m. (continued)

HHH. **Landscapes for Learning: Supporting the Development of Children Birth to Five in Center Based and Family Child Care Settings**

Louis Torelli and Clara Nakai, Spaces for Children

Strand: Health & Safety/Supporting Providers

The physical environment in group care settings has a significant impact on children's learning and relationships. This session will provide strategies for designing high quality spaces and describe how programs can utilize center based and family child care environments as an opportunity to improve program practices, structure and teacher-child interactions.

III. **Serving Families Who are Homeless**

Presenter to be announced

Strand: Building Knowledge in the Child Care Field

This workshop will provide information for early childhood educators on strength-based practices to serve children and families who are, or are about to become, homeless.

JJJ. **Engaging Employers & Businesses in Child Care**

Lara Magnusdottir, 4Cs of Sonoma County, Angie Dillon-Shore, First 5 Sonoma, and Ananda Sweet, Santa Rosa Metro Chamber of Commerce

Strand: Building Knowledge in the Child Care Field

Presenters will share the work and results of a community collaborative to engage employers in investing in employer-supported child care. Marketing materials will be shared as well as any learning and results from this process.

KKK. **Preschool Expulsions & the Disproportionality of Black Boys**

Tasha Henneman, Consultant

Strand: Advocacy

This workshop will uncover the research findings of parents who have children that were expelled from multiple child care environments. This problem is addressed through examining factors that may perpetuate it – specifically, those identified in the study's conceptual framework: the high stakes accountability movement (the push down effects to ECE); neuro-biological considerations (including the importance of play and temperament theory); and gaps in systems of professional development for preschool teachers. Examining these factors using the lens of Critical Race Theory helps illuminate the prevalence of expulsions among black preschool boys, while altering the deficit lens through which expulsions are often viewed.

Thursday 5:00 to 7:00 p.m. – Social (optional)

Family, Friend and Neighbor Care Showcase

Are you looking to connect with Family, Friend, Neighbor (FFN) Caregivers? The Network invites you to come mingle, enjoy some light food and drinks, where we'll showcase a range of tools and materials that colleagues and partners use to reach FFN Caregivers – at their agency, in the home, or at a Playgroup. Learn about agencies' pathways to success and experience, while getting to know others doing the work alongside you across California! We'll have sample materials for you to take back and share, as well as an interactive station where you can build your own "FFN Outreach Kit." This event is sponsored by the California Child Care Resource & Referral Network, with financial support from the David & Lucille Packard Foundation.

Thursday Evening 8:00 to 11:00 p.m.

80's Music, Fun, and Prizes with **KAPLAN**

Social Activity (Optional)

Join Kaplan and colleagues after your dinner out on Thursday night to go back in time for an 80's-themed evening of music and fun. Prizes awarded for best 80's outfit, raffle prizes and more.

October 4, 2019

Friday Morning 8:00 a.m.

Coffee and Light Morning Refreshments

Friday Morning Meeting 8:00 to 10:30 a.m.

LLL. Annual Meeting of the Members of the California Child Care Resource & Referral Network

John Jones, CocoKids and President of the Board, California Child Care Resource & Referral Network, and Linda Asato, Executive Director, California Child Care Resource & Referral Network

Meeting Agenda Includes: President's Report; Election of Board Members; Update on the Network's Strategic Plan, Public Policy Committee Report and Adoption of the 2020 Public Policy Agenda; Updates on the Statewide R&R Database and My Child Care Plan website, and Information on the R&R Impact Project.

Please note that this meeting is limited to staff from agencies that are members of the California Child Care Resource & Referral Network.

Friday Morning Workshops - 8:45 to 10:15 a.m.

MMM. Lead with Emotional Intelligence

Tyler Wade, People Development Systems

Strand: Managers

Individual and team success depends on the ability of individuals to communicate with others. Every interaction with another person determines how you are perceived and is an opportunity to develop positive influence. Whether you're communicating individually, conveying information to a project team, or delivering a difficult message, this workshop will increase your ability to communicate in ways that promote positive working relationships. In this workshop participants will: Understand emotional intelligence and why it matters; Discover their own communication style; Understand the communication styles of others; Build more effective relationships.

NNN. Yes You Can! Technology Competencies and Decision Making in ECE

Julianne Zvalo-Martyn, Brandman University

Strand: Professional Growth

Overcoming barriers to gaining skill and knowledge of information and communication technologies (ICT) for ECE professionals can be challenging, especially for those who feel they are "bad" at technology. In this workshop we will discover the what, why, and how of gaining competency in ICT in both essential professional skills and in making crucial developmentally based decisions about technology for young children. We will have fun while creating a professional and personal plan for technology skill development for ourselves and/or those for whom we are responsible.

OOO. What Does Navigation Mean to You?

Tina Fleeton and Debby Alvarez, BANANAS, Inc.

Strand: Working with Parents

It's exciting how navigation is emerging in the early childhood field. In this workshop we will reflect and discuss what navigation is, how we connect resources and come together to support families and each other.

Friday Morning Workshops - 8:45 to 10:15 a.m. (continued)

PPP. **Vitality Parent Café (Parent Café)**

Justin Margolis, Valley Oak Children's Services

Strand: Strengthening Families

Vitality Cafés are peer-to-peer guided discussion groups that use the six Vitality Domains through empowered engagement to help participants come up with strategies to improve their overall health and well-being. Vitality Cafes are fun, inspirational, and full of positive energy.

QQQ. **A Walk to Remember**

Sarah Grijalva, Glenn County Office of Education, Child and Family Services

Strand: Trauma Informed Care

This engaging session takes a deeper look at the backgrounds of some of the children placed in Foster Care and why the work we do through the Foster Care Bridge Program is so important.

RRR. **Befriending the Body: Using Breath and Movement to Address Stress**

Charlotte Williams, California Child Care Resource & Referral Network

Strand: Promoting Self-Care and Resilience

Research indicates that trauma-sensitive yoga is a promising adjunctive therapy that addresses the cognitive, emotional, and physiological symptoms associated with experiencing chronic stress. Whether designed for a specific yoga class or integrated into one's personal practice, trauma-sensitive yoga uses breath and movement to give individuals the opportunity to remain in the present, to notice and tolerate inner experiences, and to cultivate a new relationship with the body. The ability to "befriend the body" in this way has been shown to affect positively emotional and mental health, relationships with others, and sense of being in the world. During this workshop, participants will learn about trauma-sensitive yoga principles, review techniques related to specific trauma interventions, and participate in experiential trauma-sensitive yoga exercises.

SSS. **Eligibility and Family Size in Early Learning and Care Division Programs**

Governance and Administration Unit, Center-based Monitoring Unit (CMU), and Field Services Office, California Department of Education

Strand: AP Administration

This presentation will use the GAU and CMU Review Guide with presentation slides to present information about how to verify eligibility, need, and family size in Early Learning and Care programs. Best practices will be provided to avoid errors. Time will be provided for questions.

TTT. **Digital Signatures – Best Practices and Lesson Learned**

Rick Richardson, Vinh Dang, Child Development Associates, Inc. and other panelists to be announced

Strand: AP Administration

Best practices and lessons learned implementing digital forms and signatures using DocuSign in the Alternative Payment Program.

UUU. **Video-Supported Reflection with Family Child Care Providers**

Diane Harkins and Rebecca Carreon-Bailey, WestEd Center for Prevention & Early Intervention

Strand: Working with Providers

This session offers an overview of reflective practice using a video-supported method. The California Inclusion and Behavior Consultation (CIBC) Network initiated a pilot project with family child care providers to address concerns about inclusion and challenging behavior in their programs. Technical assistance providers, with provider and family consent, filmed program activities, allowing providers to reflect on their work and develop meaningful action plans.

Friday Morning Workshops - 8:45 to 10:15 a.m. (continued)

ww. **Licensed to Provide Child Care - Community Care Licensing Update 2019**

Tawny Grossman, California Department of Social Services, Community Care Licensing Division

Strand: Health & Safety

This session will include updates on new regulations and trends in child care licensing. Information covered will include: mandated reporter training, incidental medical care policies/procedures; immunization of adults; the nutritional component of health and safety requirements and more!

www. **Music, Movement and Learning – Building Muscles in Young Brains**

Mike Longoria, Dr. Mike!

Strand: Building Knowledge in the Child Care Field

Music/songs and movement are powerful experiences that engage young children in powerful learning. Music/songs and movement promote long term retention and accelerated learning all while making learning fun and exciting for ALL children. Music/songs and movement are also powerful therapeutic tools that allow children who are restless, fidgety, aggressive, or experiencing stress to engage in meaningful learning experiences that bring joy to learning.

xxx. **Make It and Take It – Tap into Your Creativity**

Jose Martinez, Discount School Supply

Strand: Building Knowledge in the Child Care Field

Do you consider yourself crafty? Would you like to be? Join this session to allow your creativity to blossom. This hands-on workshop will give you the opportunity to create without judgment and get ideas for activities you can do with children and families.

Friday Morning Closing Keynote Presentation, Pick Your Prize Raffle, and Brunch

10:30 – 12:00 noon

Closing Remarks, Pick-Your-Prize Raffle, Exhibitor Raffles

Denyne Micheletti Colburn, California Alternative Payment Program Association and

Linda Asato, California Child Care Resource & Referral Network

How to Achieve More by Doing Less

*Dr. Christine Carter, Ph.D., Sociologist and Senior Fellow at
UC Berkeley's Greater Good Science Center*

Christine Carter, Ph.D., is a sociologist and author of *The New Adolescence*, *The Sweet Spot* and *Raising Happiness*. A sought-after keynote speaker and senior fellow at UC Berkeley's Greater Good Science Center, she draws on scientific research to help people lead their most courageous, joyful, meaningful, and productive lives. She offers audiences not only a way to cope with modern pressures, but tactics to truly thrive.

She is a contributor to *US News & World Report*, and her advice column is syndicated on the *Huffington Post*, *PsychologyToday.com*, and several other websites. Dr. Carter has appeared on the "Oprah Winfrey Show," the "Dr. Oz Show," the "TODAY" show, the "Rachael Ray Show," "The Daily Show with Jon Stewart," "CBS Sunday Morning," "ABC World News with Diane Sawyer", PBS, as well as NPR and BBC Radio.

