Navigating Resources: Inclusion of Children with Disabilities in Child Care

2019 Child Care Initiative Project

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WestEd Center for Child and Family Studies

Let's Get to Know Each Other

- Introduce yourself:
  - What is your name, where are you from?
  - What is your role/job?
- What is your experience with adults and children with disabilities?
- What's your biggest challenge when working with child care providers serving kids with disabilities?

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Objectives

Participants will be able to:

- Identify and contact local agencies that support children with disabilities and other special needs

- Access, locate and download training resources, materials, videos and publications on a variety of topics related to serving children with disabilities and other special needs

- Be Inspired to follow-up and go deeper

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Overview

- Orientation to the MAP to Inclusion & Belonging Project and Website

- Essential inclusion resources and projects supported or developed by MAP

- County specific resources

- How could you use these resources?

- Highlights of resources and links by topic area

  - Action plan

MAP to Inclusion & Belonging…Making Access Possible

- Funded by the **Early Learning and Care Division** of the **California Department of Education (ELCD/CDE)** with quality improvement funds

- Currently operated by WestEd Center for Child and Family Studies

- Project originally started from a federal project in 1998, continued with ELCD/CDE funding

  - Website developed in 2004 & updated regularly and recently moved to disability accessible platform

MAP's Purpose

- Primarily geared toward providing resources to support child care providers in implementing inclusive practices for children with disabilities from birth to 21 years of age in their programs

- Provides comprehensive resources related to children with disabilities useful to families and professionals

- Actively seeks to meet the needs of all stakeholders – welcome suggestions, questions and input

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Welcome

Inclusion is more than the presence of children with disabilities or other special needs in early childhood settings or after–school programs; it really is all about belonging. As stated so eloquently by Norman Kunc...

It's All About Belonging

"When inclusive [practice] is fully embraced, we abandon the idea that children have to become 'normal' in order to contribute to the world. Instead, we search for and nourish the gifts that are inherent in all people. We begin to look beyond typical ways of becoming valued members of the community, and in doing so, begin to realize the achievable goal of providing all children with an authentic sense of belonging."
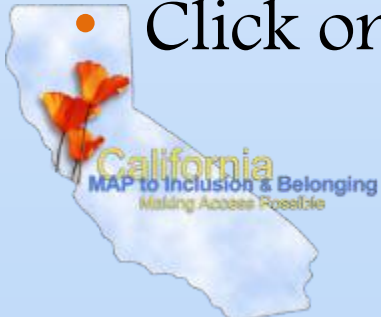--Norman Kunc (1992) **www.normemma.com**

Where to Find MAP

Working Together for Inclusion & Belonging

Beginning Together

Beginning Together

California MAP to Inclusion & Belonging

teaching**pyramid**

Teaching Pyramid

- Go to www.CAinclusion.org

- Click on the MAP logo

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Home ▾   CA CSEFEL   County Specific Resources   MAP Project Resources ▾   Resources & Links ▾

Search...   Search

It's All About Belonging

"When inclusive [practice] is fully embraced, we abandon the idea that children have to become 'normal' in order to contribute to the world. Instead, we search for and nourish the gifts that are inherent in all people. We begin to look beyond typical ways of becoming valued members of the community, and in doing so, begin to realize the achievable goal of providing all children with an authentic sense of belonging." --Norman Kunc (1992) broadreachtraining.com

Building a Culture of Inclusion and Belonging: Ten Guiding Questions
The MAP to Inclusion and Belonging Project Team challenges you to reflect on where you are with the culture of inclusion and introduces the federal Policy Statement on Inclusion.

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MAP Project Resources   **Resources & Links**

MAP Project Resources

Essential information and publications on inclusion produced by the MAP Team including the book, *Inclusion Works!*, training power points and MAP Newsletters.

Email map@wested.org to join our mailing list

www.CAinclusion.org

9

MAP Project Resources

Essential information and publications produced by the MAP Team

- CA CSEFEL
- County Specific Resources
- Hot Topics
- Inclusion Works!
- MAP Training PowerPoints
- MAP Newsletter Archive
- Reports and Useful Documents

California CSEFEL Teaching Pyramid Framework
Promoting Social Emotional Competence in California's Young Children

County Specific Resources

Hot Topics

Inclusion Works!
Creating Child Care Programs That Promote Belonging for Children with Special Needs!

MAP Newsletters

MAP Training PowerPoints

Reports & Useful Documents

Resources and Links: By Topic Area

Coping with Trauma

Cultural Competency

Disability Specific

Early Identification

Family Engagement

Healthy Mind, Healthy Body

Inclusive Practice

Infant & Early Mental Health

Legal and Licensing

Organizations for Families

Policy/Trends

School Age & Beyond

Social Emotional & Behavior

Training & Technical Assistance

Video Collection

Visual Supports

11

MAP Project Resources:
CA CSEFEL

California

CSEFEL Pyramid Model Partnership

Promoting Social Emotional Competence in California's Young Children

- California Collaborative for the Social and Emotional Foundations for Early Learning

- About CA CSEFEL~ CA Department of Education's vision and plan for supporting social and emotional development
  - See the "Project Info Sheet"

- Free sample adapted materials!

Teaching Pyramid
http://cainclusion.org/teachingpyramid/

- The Teaching Pyramid is comprehensive pro~fessional development on the CSEFEL components

- Materials for classrooms and families in Chinese and Spanish

- Visit the website for more information www.Cainclusion.org/teachingpyramid

teachingpyramid

Preventing Suspension and Expulsion of Young Children in Child Care & Early Education Settings
https://preventingchildcareexpulsionca.org/

Preventing Suspension and Expulsion of Young Children in Child Care & Early Education Settings

- Preventing Suspensions and Expulsions in Early Childhood Settings — PreventingExpulsion.org
- Put Your Own Oxygen Mask on First
- California Tools to Focus on Prevention
- Articles, Videos & Webinars on Expulsion
- Child Care State Capacity Tool
- Resources to Share with Families
- CIBC Network
- CDE-EESD Resources
- Special Education Information

- New website developed by the CA CSEFEL Leadership Team

- Actionable resources to help early care and education programs support all children to be successful

- See MAP's Summer 2018 Newsletter to guide you

- https://cainclusion.org/resources/camap/newsletter-archive/201808-news-brief.html#nine-resources

County Specific Resources

- For California:
County specific

  - Guide to County Resource Organizations

  - Organizations that support children with disabilities and

  - Inclusion/Behavior Resources

Click on the county name or map

More County Specific

Explore the local resources and find out what trainings they offer that support children with disabilities and their families. Identify a contact person.

- Quality Counts California (10 Hubs) https://qualitycountsca.net/
  - QRIS Websites by County https://www.qualitycountsca.net/child-care-providers/counties/
  - Identify the contact person for your hub
  - Make sure you are on the mailing list for trainings open to your county

More County Specific- Continued

Explore the local resources and trainings. Identify a contact person.

- **State Council on Developmental Disabilities** (12 Regional Offices-Area Boards) https://scdd.ca.gov/regionaloffices/
  - Funded by State of California
  - Oversees organizations that provide services to people with disabilities (Regional centers and school districts)
  - Provides activities and training for self-advocacy
- **Parent Training and Information Centers** (10 PTIs in CA) https://www.parentcenterhub.org/find-your-center/
  - Funded by the federal government
  - Provide trainings on IEPs and activities for family support and special projects

Hot Topics

New Resources Collected to Meet Needs Identified by the Field

- How to talk about people with disabilities~see Inclusive Practice

- Inclusion Checklists and Self Assessments

- Play! Play! Play!

- Preventing Suspension and Expulsion in Early Education Settings (Social, Emotional and Behavior)

- Supporting Immigrants and the Homeless (Cultural Competency)

- Dual Language Learners (Cultural Competency and Resources in Multiple Languages)

- Federal Policy Statements (Reports and Useful Documents)

- Building a Culture of Inclusion: 10 Guiding Questions (Reports and Useful Documents)

- Visual Supports

- Early Identification: Learn the Signs Act Early

- Video Collection

- Coping with Trauma

Inclusion Works!
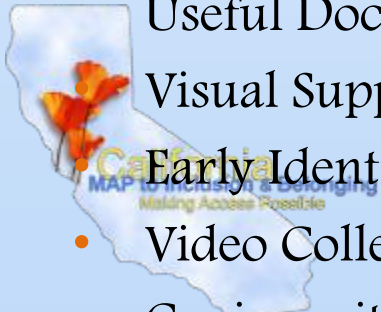
http://cainclusion.org/camap/map-project-resources/inclusion-works/

- Focus is on inclusive practice, collaboration, and practical strategies

- Intended for use in child care settings for children birth to age 12 years

- Training PowerPoint complete with presenters notes and <u>Inclusion Works!</u> book is free to download

- Will be updated soon

- and videos will be added!
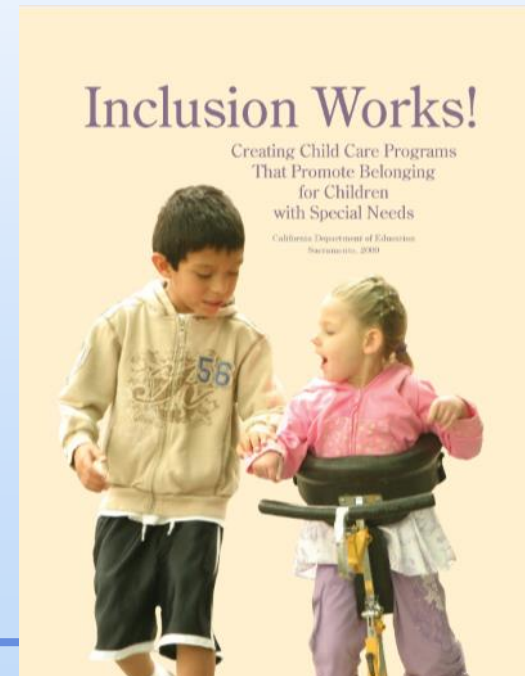
MAP Training PowerPoints

- Talking to Parents When You Have Concerns About a Child in Your Care

- Inclusion Works! (Training Power Point to be used with the book)

For California

- Overview of California Early Start – (Early intervention services) Updated as of October 2009, 2011 and 2015

MAP Newsletters

The very latest information, articles and new MAP web links and in depth resources on specific topics (Hot Topics)..Most recent:

- Five Sets of Tools and Resources to Support Learning for All Children

- Preventing Suspension and Expulsion August 2018

- Supporting Immigrant and Homeless Children Fall 2017

- Resources for Trauma Informed Care

- Be sure you join the mailing list by emailing map@wested.org

Reports and Useful Documents

- MAP Produced Publications
  - The Americans with Disabilities Act and Child Care: A Parent's Guide (English and Spanish)
  - Building a Culture of Inclusion: 10 Guiding Questions
  - MAP Newsletters, Inclusion Works!, MAP Training PowerPoints

- California Department of Education Publications
  - Guidelines for Early Learning in Child Care Home Settings (Now available in Spanish –January 2018)
  - Effective Early Childhood Transitions (Jan. 2015)
  - Best Practices for Planning Curriculum~ Series
    - Family Partnerships and Culture (2016)
    - Integrated Nature of Learning (2016)

- US Ed Policy Statements and Guidance for Early Childhood~All in one place!
  - ED HHS Policy Statement on Inclusion~Law, Research, Attitudes, Recommendations and Resources

22
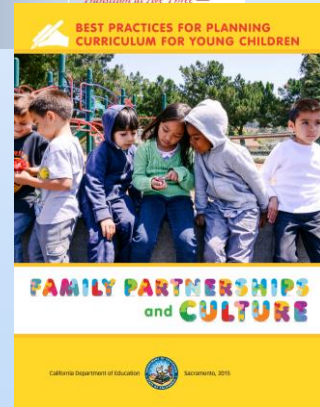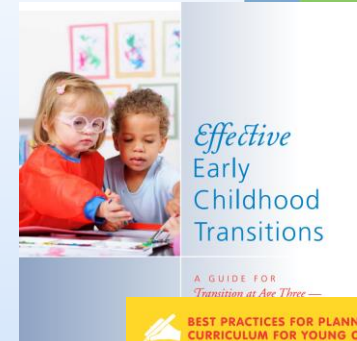
Reports and Useful Documents:
Other Useful Documents

- **Early Childhood Joint Position Statement by DEC and NAEYC**~provides a working definition of inclusion: Access, participation and support!

- **People First Language**: All about respect~ puts the person before the disability

- **Preschool Inclusion Finance Tool Kit 2017**

- Social Security Administration: 2019 Benefits for Children with Disabilities https://www.ssa.gov/pubs/EN~05~10026.pdf

- 2018 Version in Spanish https://www.ssa.gov/pubs/ES~0510926.pdf
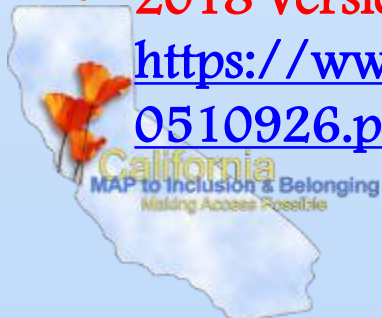
How can you use these resources?

What resources do you need to support the success of ALL children?

Resources and Links
### http://cainclusion.org/camap/resources-and-links/

- Useful, well-respected web resources with readily available materials

- Downloadable documents

- Training materials

- Video

- Resources in other languages identified

- For the rest of this PPT (so you can go back an access the content later), the slide title is the menu area of the website, followed by the name of the website

Video Collection
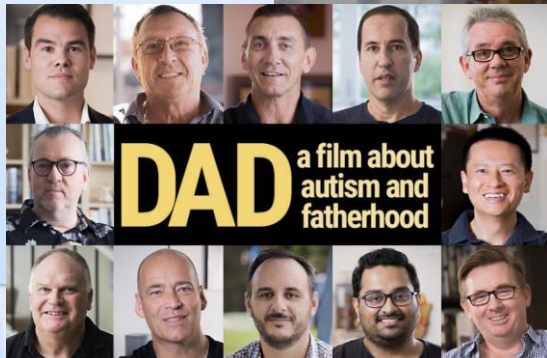
- Inclusion:
  - Ian: A Moving Story https://youtu.be/6dLEO8mwYWQ
  - Draccess Video Library:
  - Meaningful Inclusion in Early Childhood, March 2018, 5:52 https://www.youtube.com/watch?v=a2wJqDw9B68
- Inspiration:
  - Kid Meets a Woman with Down Syndrome https://www.youtube.com/watch?v=zTE4OHpC2EU
- Autism:
  - DAD: A Film About Autism and Fatherhood https://www.autismawareness.com.au/news-events/events-campaigns/dad-a-film-about-autism-and-fatherhood-online-now/
  - Second Grade Friendship Binds Teenagers https://www.kare11.com/article/news/local/land-of-10000-stories/2nd-grade-friendship-binds-hs-honor-student-teen-with-autism/89-609564285
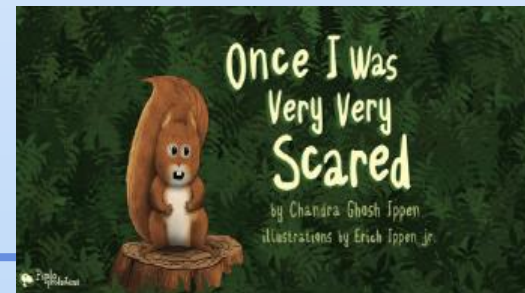- Social/Emotional:
  - Accentuate the Positive: The Transformative Power of Small Encouragements and Welcoming Interactions
  - Aces Too High: Five Minute
  - Growing Stronger Pre-K Teachers in San Jose, California, May 3, 2018, 6:03 https://www.youtube.com/watch?v=uydn_hr2Ook
- Training Videos
  - 2018 Inclusion Collaborative Conference- You Tube Channel-Keynote Joshua Sparrow

26

Coping with Trauma

- Resource Guide to Trauma-Informed Human Services (DHHS)-Resources Specific to Early Childhood Programs
  https://www.acf.hhs.gov/trauma-toolkit/early-childhood-programs
    - Comprehensive resources including resources for secondary trauma

- Helping Children Birth – 5 Rebound From Traumatic Experiences: Create Classrooms that Support Recovery

    - Recorded Webinar and Resources: October 25, 2016
      http://www.earlychildhoodwebinars.com/webinar-resources/

- See the Fall 2017 Newsletter for recommended resources

- Once I was Very Very Scared! Free stories and activities
  http://piploproductions.com/stories/once/

- by Chandra Ghosh Ippen, Ph.D.

- Webinar on about stress and trauma using

  Once I was Very Very Scared

- https://www.youtube.com/watch?v=DcAPbDpgoso&feature=youtu.be

Coping with Trauma: Self Regulation

Self Regulation Snapshots:

- Snapshots (2 page infographics) are mini-lessons in self-regulation for various age groups https://fpg.unc.edu/resources/self-regulation-snap-shots

- For more detailed information
  - Self-Regulation and Toxic Stress
  - see the **Self-Regulation Briefs** https://fpg.unc.edu/resources/self-regulation-briefs and
  - the pod cast, **Teaching Self-Regulation in the Classroom,** https://www.unc.edu/discover/well-said-teaching-self-regulation-classroom/

Self-Regulation Snap Shot #1: A Focus on Infants and Toddlers

≡OPRE 🏛 UNC FPG CHILD DEVELOPMENT INSTITUTE | Duke CENTER for CHILD and FAMILY POLICY

Support of self-regulation is critical at each stage of development from birth through young adulthood.

Self-regulation is the act of managing thoughts and feelings to enable goal-directed actions.

Self-regulation develops through interaction with caregivers and the broader environment over an extended period from birth through young adulthood (and beyond).

Caregivers support self-regulation development by using three strategies in a process called "co-regulation." Caregivers include parents, teachers, afterschool care providers, extended family members, and others.

Self-regulation includes cognitive, emotional, and behavioral skills and processes that support children in coping with strong feelings, controlling impulses, learning, and getting along with others.

Self-regulation is important because it promotes wellbeing across the lifespan, including physical, emotional, social and economic health and educational achievement.

This snap shot summarizes key concepts about self-regulation development and intervention for infants and toddlers for practitioners and educators interested in promoting self-regulation for this age group. It is based on a series of four reports on Self-Regulation and Toxic Stress prepared for the Administration for Children and Families (ACF). For more information, visit: https://www.acf.hhs.gov/opre/research-project/toxic-stress-and-self-regulation-reports.

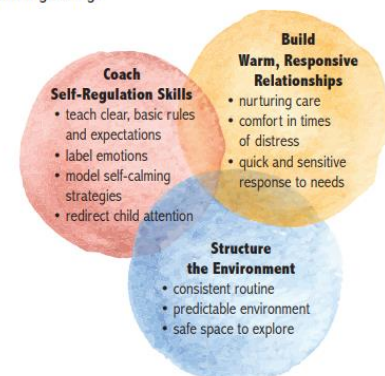**Self-Regulation Skills Developing in Infants:**
- Shifting attention or averting gaze when overwhelmed
- Self-soothing by sucking fingers or a pacifier

Developing in Toddlers:
- Focusing attention for short periods
- Adjusting behavior to achieve goals
- Briefly delaying gratification
- Beginning to label feelings
- Turning to adults for help with strong feelings

Self-regulation is influenced by stress and adversity in the environment as well as caregiving supports and children's own biology, skills, and motivation.

Coach Self-Regulation Skills
- teach clear, basic rules and expectations
- label emotions
- model self-calming strategies
- redirect child attention

Build Warm, Responsive Relationships
- nurturing care
- comfort in times of distress
- quick and sensitive response to needs

Structure the Environment
- consistent routine
- predictable environment
- safe space to explore

**Three components of co-regulation for infants and toddlers**

Healthy Mind, Healthy Body: Mindfulness

Videos: Social and Emotional

Nation at Hope:

Getting Ready to Learn with Mindfulness, Jauary 2019, https://www.youtube.com/watch?v=b5qoVD7W358

Stretch + Breathe: 5 Ways to Reinvigorate Students, July 12, 2018 https://blog.gonoodle.com/2018/07/stretch-breathe-5-ways-to-reinvigorate-students/
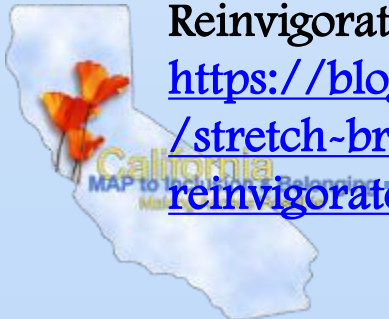
Coping with Stress in the Classroom~30~minute video talking about mindfulness strategies in the classroom with Patricia Jennings author of Mindfulness for Teachers. https://www.facebook.com/NPR/videos/vb.10643211755/10154718038411756/?type=2&theater

Head Start: ECLKC: EarlyEdu Alliance: Mindfulness: A Resilience Practice https://eclkc.ohs.acf.hhs.gov/professional-development/article/earlyedu-alliance

– Professional Development for learning and teaching mindfulness includes PowerPoint and activities

Zero to Three: Mindfulness in Early Childhood –Research behind mindfulness https://www.zerotothree.org/resources/series/mindfulness-in-early-childhood

Healthy Mind, Healthy Body:
Taking Care of Ourselves

CENTER FOR
Early Childhood
Mental Health
Consultation
Georg

Taking Care of Ourselves: Stress & Relaxation
http://ecmhc.org/relaxation.html
- Tool kits and Tutorials in English and Spanish
- Stress reduction & relaxation exercises video in English and Spanish

12 Ways Teachers Can Build Resilience
https://www.cultofpedagogy.com/resilience/?utm_medium=Email&utm_source=ExactTarget&utm_campaign=201805134MindshiftNewsletterSubscribers&mc_key=00Qi000001hzlH2EAI

12 WAYS
TEACHERS CAN
BUILD RESILIENCE
CULT OF PEDAGOGY

Cultural Competency & Resources in Multiple Languages: Cultural Competency

In the News!

Supporting Bi-Lingual Children with Special Education Needs

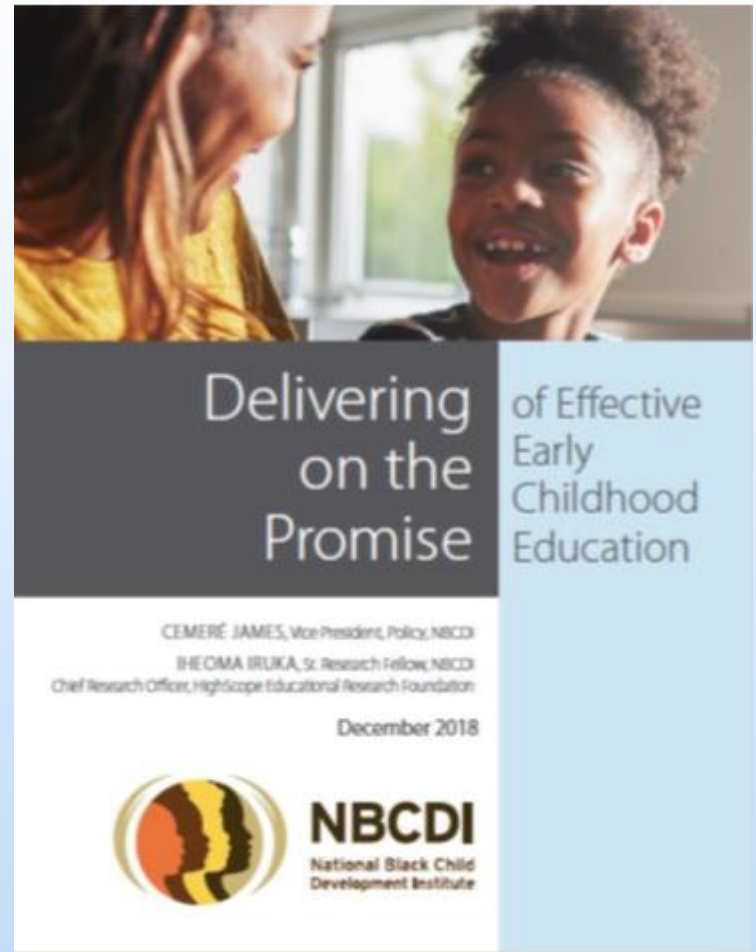Five Things to Know About Racial and Ethnic Disparities in Special Education

- Fall 2017 MAP Newsletter:
  - Supporting Immigrant Children and Their Families: What Early Care and Education Providers Can Do
  - Working with Homeless Families

- New Comer's Tool Kit~ Comprehensive guide to working with immigrant students and families

- Teaching Tolerance: Immigrant Refugee Children: A Guide for Educators
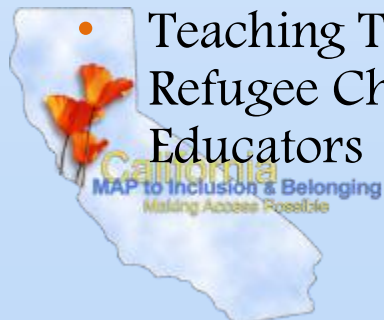
Cultural Competency: Equity

- Delivering on the Promise of Effective Early Childhood Education for Black Children: Eliminating Exclusionary Discipline and Concentrating on Inclusion, December 2018 https://www.nbcdi.org/nbcdi-releases-delivering-promise-effective-early-childhood-education-white-paper-examines-policy

- Building Strong Foundations Racial Equity Brief-CLASP and Zero to Three https://www.clasp.org/sites/default/files/publications/2018/11/Building%20Strong%20Foundations%20Racial%20Equity%20Brief.pdf

- 2018 Inclusion Collaborative State Conference YouTube: 101 Responsive Education for Boys of Color

Delivering on the Promise of Effective Early Childhood Education

CEMERÉ JAMES, Vice President, Policy, NBCDI
IHEOMA IRUKA, Sr. Research Fellow, NBCDI
Chief Research Officer, HighScope Educational Research Foundation

December 2018

NBCDI
National Black Child Development Institute

Cultural Competency & Resources in Multiple Languages: Dual Language Learners

Promoting the Educational Success of Children and Youth Learning English

Promising Futures

The National Academies of SCIENCES · ENGINEERING · MEDICINE

- Promoting the Educational Success of Children and Youth Learning English
  - DLL's and ELL's with Disabilities https://www.nap.edu/resource/24677/toolkit/dlls-and-els-with-disabilities.html
- Head Start: ECLKC: Culture and Language:
  - Gathering and Using Language Information That Families Share https://eclkc.ohs.acf.hhs.gov/sites/default/files/pdf/dll-background-info.pdf
  - Dual Language Learners Tool Kit and Policy Statement https://eclkc.ohs.acf.hhs.gov/culture-language/article/dual-language-learners-toolkit
  - Specific Strategies to Support Dual Language Learners (DLLs) When Adults Do Not Speak Their Language https://eclkc.ohs.acf.hhs.gov/culture-language/article/specific-strategies-support-dual-language-learners-dlls-when-adults-do-not
  - Families Support Their Children Who Are Dual Language Learners https://eclkc.ohs.acf.hhs.gov/culture-language/article/families-support-their-children-who-are-dual-language-learners

Cultural Competency and Resources in Multiple Languages: Multiple Languages

- All About Young Children: Information for Families on Children's Early Development (California Department of Education)
  - Videos, tip sheets and parent discussions by age group in 8 different languages
- Center for Parent Information and Resources (for parents of children with disabilities)
  - Index to Resources in Spanish for English speakers and link to the index that is entirely in Spanish http://www.parentcenterhub.org/spanish-to-english/
- Child Mind Institute: Trauma Resources in 10 Different Languages
- Love Talk Play
  - Free Poster with everyday activities for parents and their babies and toddlers in 6 languages
- Pathways: Downloadable brochure of developmental milestones in 15 languages

Early Identification: Learn the Signs Act Early
http://cainclusion.org/camap/resources-and-links/inclusive-practice/

- Early Identification Guide: Explains the Key Elements

- Resources by Topic Area:
  - Healthy Development and Developmental Milestones
    - CDC Learn the Signs Act Early Free Materials
    - New! Milestone Tracker App (Individualized screening) (Spanish too!)
    - New! Milestone Moments—videos and photos
    - Watch Me! Celebrating Milestones and Sharing Concerns ~Training Modules for ECE
    - Birth to 5: Watch Me Thrive~Resources in Spanish
  - Developmental Screening:
    - Developmental and Behavioral Screening Guide~California specific

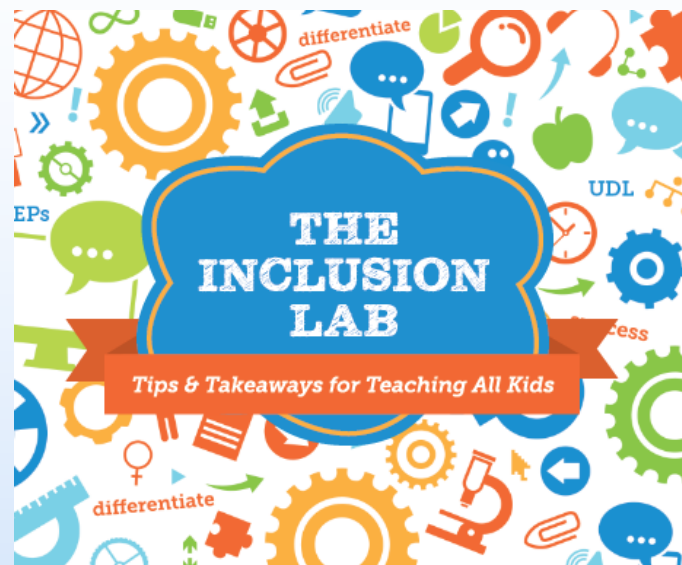# Inclusive Practice: Inclusion Checklists and Self-Assessments

- MAP Inclusion Checklists and Self-Assessments https://cainclusion.org/camap/resources-and-links/inclusive-practice/inclusion-checklists-and-self-assessments/

- Choose the Checklist that fits your needs, discuss it with your inclusion team to help you improve your program

Inclusive Practice: Brooks Publishing Inclusion Lab http://blog.brookespublishing.com/

Free Booklets, Calendars and Tips

- 2019 Reading Readiness Calendarhttps://brookespublishing.com/campaigns/2019-reading-readiness-calendar/

- Taking Care of Them, Taking Care of You-Free booklet

- Easy Modification Strategies http://blog.brookespublishing.com/how-to-modify-teaching-methods-and-activities-for-young-children-with-physical-and-sensory-impairments/

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Inclusive Practice: Head Start: ECLKC Children with Disabilities

- Resources for Supporting Individualization https://eclkc.ohs.acf.hhs.gov/children-disabilities/article/resources-supporting-individualization Organized around the 8 topic areas of evidence-based DEC Recommended Practices

- High Quality Inclusion Webinar Series https://eclkc.ohs.acf.hhs.gov/children-disabilities/article/series-high-quality-inclusion

- Highly Individualized Teaching and Learning https://eclkc.ohs.acf.hhs.gov/children-disabilities/article/highly-individualized-teaching-learning 15 minute In-service Suites addressing curriculum modifications including 8 different types of strategies to support children and tools for putting them into action in the classroom

Strategies for Support:

- Environmental Support

- Materials Adaptation

- Activity Simplification

- Child Preferences

- Special Equipment

- Adult Support

- Peer Support

- Invisible Support

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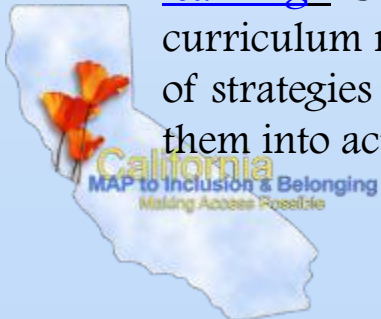
Inclusive Practice:
# Head Start: Disabilities Services Newsletter

- Supporting Friendships, January 2019
- Supporting Peer Interactions, December 2017 – Includes:
    - Video clips, Child-Child Interaction Checklist, Peer Support In-service,
    - Practice Guides for Families
        http://hsicc.createsend1.com/t/ViewEmail/j/0648BB5AD98C81C72540EF23F30FEDED/70A99C8D978FABD416B21F2806CB3AEB

- Adapting the Environment to Support Engagement, November 2017- Includes:
    - Case Study, DEC Recommended Practices, CONNECT Module 5: Assistive Technology Resources
    - Environmental Adaptations Checklist
    - Practice Guide for Families
    - http://hsicc.createsend1.com/t/ViewEmail/j/FDBD2286855920C02540EF23F30FEDED

Inclusive Practice: Transitions

- Classroom Transitions https://eclkc.ohs.acf.hhs.gov/video/classroom-transitions 15 Minute In -service includes a brief video, tips for teachers and families and materials for trainers.

- Infant /Toddler to Preschool Transitions for Children with Disabilities http://hsicc.createsend1.com/t/ViewEmail/j/F5C57E8A57E96B222540EF23F30FEDED/43B33EB248BC0C006CBD507C784BD83B Moving from services under an Individualized Family Service Plan (IFSP) to an Individualized Education Plan (IEP) at age 3.

- Preschool to Kindergarten Transitions for Children with Disabilities http://hsicc.cmail19.com/t/ViewEmail/j/CC2186FD836C88C82540EF23F30FEDED/7CCABA7A7C72DC79405DC10595964AA8
  - DEC Recommended Practices Preschool to Kindergarten http://ectacenter.org/~pdfs/decrp/PG_Trn_PreschoolSEtoKindergarten_family_print_2017.pdf
  - Transition to Kindergarten Checklist http://ectacenter.org/~pdfs/decrp/TR-3_Transition_to_Kindergarten_2017.pdf

- Strategies for Easing Transition Shock for new immigrants and English Language Learners https://www.edutopia.org/article/strategies-easing-transition-shock
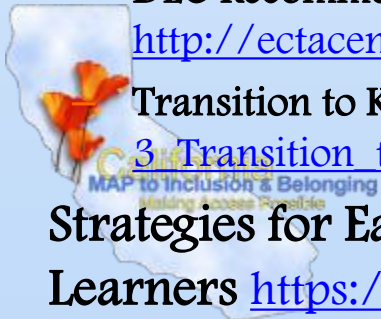
Disability Specific

Organizations that provide information, research and support to families on specific disabilities such as:

- Autism~1 in 40 children!
  - Autism Speaks: Autism and Health; 100 Day Kit for kids with Autism (free for families who have been diagnosed within 6 months)
  - Sesame Street and Autism (Meet Julia)
- Cerebral Palsy
- Down Syndrome~NDS Society
- Learning Disabilities and ADHD
  - Understood
- For rare diseases and disabilities see
  - General Disabilities: NORD Rare Disease Information
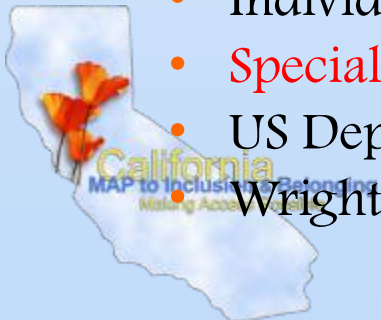
Family Engagement

- Engaging Families and Creating Trusting Partnerships Webinar Series

- Head Start: ECLKC Family Engagement
  - Best Practices Video Series
  - Celebrating what fathers do every day~ Posters

- Head Start ECLKC: Supporting Children and Families Experiencing Homelessness~8 Training Modules

- US Department of Education (USDE): Family Engagement Policy

- Zero to Three:
  - Daddy Matters
  - Podcast Series: Sharing the Care

Legal and Licensing

State and federal organizations providing oversight of services to children with disabilities as well as regulatory agencies and advocacy groups are found here.

- Americans with Disabilities Act
- California Department of Developmental Services (DDS)~Early Start and Regional Centers coordinating services for children with disabilities
- California Department of Education~Early Learning and Care Division
- California Department of Social Services~California Child Care Licensing~ Resources for Parents and Providers~Videos…New!
- Disability Rights California ~Special Education Rights and Responsibilities Chapter 7 Information on Least Restrictive Environments https://www.disabilityrightsca.org/system/files?file=file-attachments/504001Ch07.pdf
- Individuals with Disabilities Education Act (IDEA): New website
- Special Edge: The Special Education Fundamentals of IDEA Fall 2018
- US Department of Education
- Wrights Law: Free publications that explain the law

Organizations for Families

Astonished

- Sesame Street in Communities https://sesamestreetincommunities.org/topics/emotions/

- Sesame Street and Autism http://autism.sesamestreet.org/

- Understood https://www.understood.org/en

- First Words Project https://firstwordsproject.com/resources/

- Center for the Developing Child, Harvard University~ **Translation Library** https://developingchild.harvard.edu/translation/?utm_source=newsletter&utm_medium=email&utm_campaign=february_2019

Organizations for Families: Center for Parent Information and Resources

Federally funded website especially for families of children with disabilities:

- Resources Especially for Child Care Providers and Preschools June 2017 https://www.parentcenterhub.org/childcare/

- About Specific Disabilities, June 2017 https://www.parentcenterhub.org/specific-disabilities/

- Babies and Toddlers, October 2017 https://www.parentcenterhub.org/babies/

- New to Disability? https://www.parentcenterhub.org/new-to-disability/

- For Professionals New to Disability https://www.parentcenterhub.org/new-professionals/

- 10 Basic Steps in Special Education (age 3 to 21) https://www.parentcenterhub.org/steps/

School Age and Beyond

The Special Needs Inclusion Project SNIP www.snipsf.org

- Inclusion Kit

- Tip Sheets and Resources

  – Inclusive Practice Tip Sheets

  – Snippets Articles

  – Strategy Specific Workshop Tool Kits

Inclusion Tool Kit

For After School Programs

Special Needs Inclusion Project
Support for Families of Children with Disabilities
1663 Mission Street, 7th floor
San Francisco CA 94103
www.snipsf.org
415.282.7494

Special Needs Inclusion Project

Social and Emotional: Growth Mindset

- Center for the Promotion of Social & Emotional Learning CPSEL
  www.cpsel.org/

  – Growth Mindset Tool Kit
    https://www.transformingeducation.org/growth-mindset-toolkit/

  – See the video that explains the research

  – The Impact of Praise https://www.youtube.com/watch?v=ygEvntynlgc

  – The Power of Praise: Effort not the Person, English and Spanish
    https://www.childtrends.org/videos/the-power-of-praise-effort-not-person

  – Mindfullness Tool Kit
    https://www.transformingeducation.org/mindfulness-toolkit/

GROWTH MINDSET & INCLUSION

@kwiens62

INSTEAD OF THINKING...
(FIXED MINDSET)

TRY THINKING...
(GROWTH MINDSET)

- HE IS NOT READY FOR SCHOOL.

- HOW CAN WE GET SCHOOL READY FOR HIM?

- WE DON'T HAVE ENOUGH RESOURCES.

- WHAT CAN I DO WITH THE RESOURCES I HAVE?

- SHE NEEDS TO BE PULLED OUT TO A SEPARATE SETTING.

- HOW CAN I MAKE SURE SHE HAS A SENSE OF BELONGING?

- I NEED MORE EDUCATION ASSISTANT TIME.

- WHAT CAN HE DO INDEPENDENTLY?

- WE HAVE TRIED THIS STRATEGY BEFORE.

- DID ANY PART OF IT WORK?

- I WASN'T TRAINED FOR THIS.

- WHERE CAN I LEARN MORE?

WHEN A FLOWER DOESN'T BLOOM YOU FIX THE ENVIRONMENT IN WHICH IT GROWS, NOT THE FLOWER.

Alex Den Heijer

FREE DOWNLOAD: northstarpaths.com
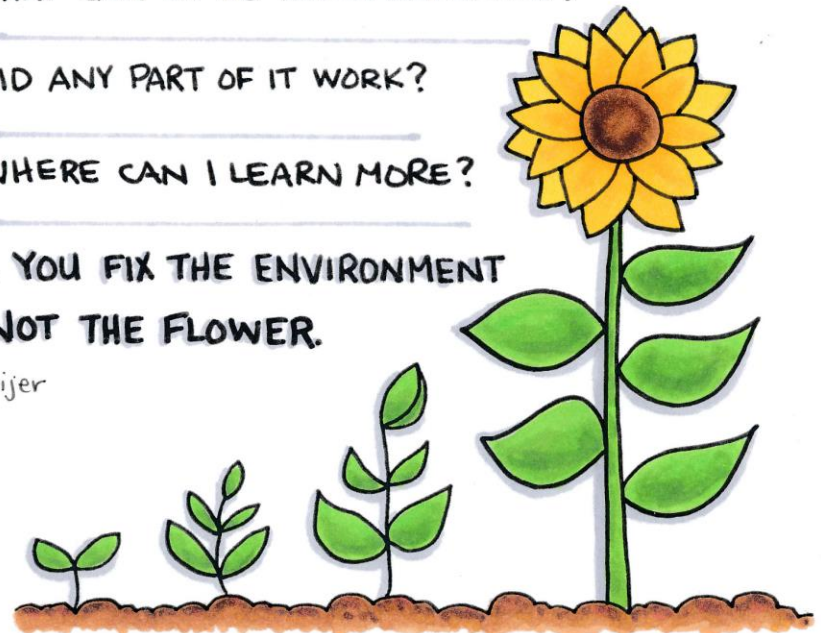
Growth Mindset

- 5 Powerful Ways to Teach Growth Mindset to Children with Special Needs
  https://biglifejournal.com/blogs/blog/growth-mindset-children-special-needs-adhd-autism

- Big Life Journal-Free printables
  https://biglifejournal.com/pages/printables

- How to Teach Growth Mindset (free guide)
  https://biglifejournal.com/pages/start-here-1

Printables by Big Life Journal - biglifejournal.com

Social and Emotional

- American Academy of Pediatrics: Effective Discipline to Raise Healthy Children http://pediatrics.aappublications.org/content/early/2018/11/01/peds.2018-3112   November 2018

- Head Start ECLKC : Mental Health: Help Me Calm Down: Teaching Children How to Cope With Their Big Emotions October 15, 2018 https://eclkc.ohs.acf.hhs.gov/teaching-practices/teacher-time-series/help-me-calm-down-teaching-children-how-cope-their-big This webinar reviews "emotional regulation"

- Understood: Managing Meltdown's and Outbursts: Helping Kids to Self-Regulate https://www.youtube.com/watch?time_continue=175&v=Y0xpVwCh0v8 October 15, 2018 Webinar, with expert Ellen Braaten, Ph.D., 30:37.

- Brooks Inclusion Lab:15 Tips on Supporting Emotional Regulation for Young Children with and Without Autism http://blog.brookespublishing.com/15-tips-on-supporting-emotional-regulation-for-young-children-with-and-without-autism/

Social and Emotional

- Great Schools! Resources for helping children expand their feeling vocabulary-books and video game.

- Do You Feel Me? Feeling Words Game https://www.greatschools.org/gk/do-you-feel-me/
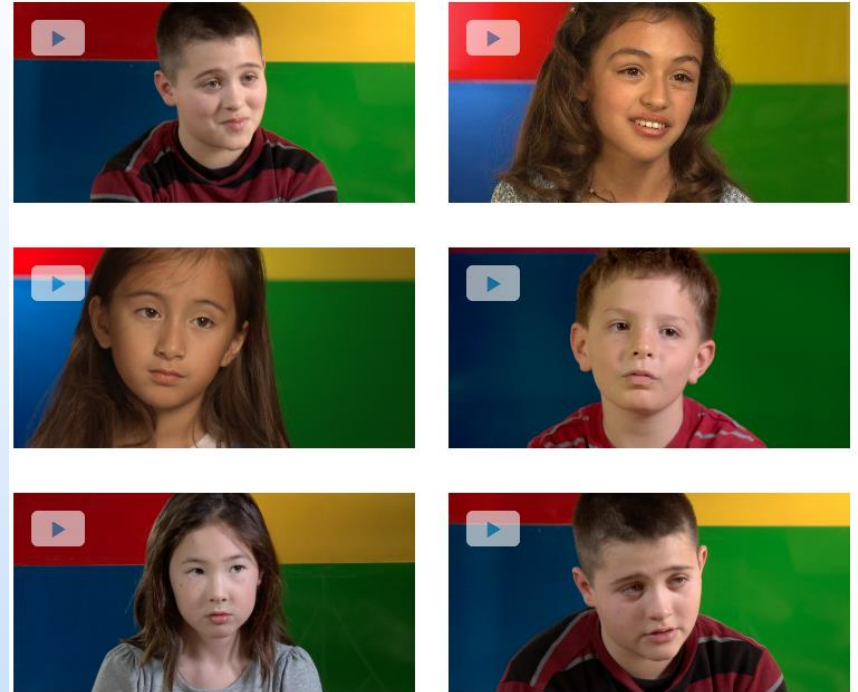
Training & Technical Assistance

- **Beginning Together**~Intensive 5 day Seminar or Institute (PITC Module 5) on inclusion for children birth to 5

- Beginning Together~Institute for Preschool Inclusion Facilitators~May 2019~See the flyer…next Institute in December 2019

- **CIBC**~California Inclusion & Behavior Consultant network supports CDE funded programs with concerns about inclusion or challenging behavior

- **CPIN**~California Preschool Instructional Network provides professional development and technical assistance to preschools

- ECTA Center~Inclusion in Least Restrictive Environments
  - Webinar Series http://ectacenter.org/webinars.asp#pastwebinars

- Inclusion Collaborative Conference:

  CA Inclusion Conference October 2019. For 2018 Conference Sessions see the Inclusion Collaborative You Tube Channel
  https://www.youtube.com/playlist?list=PL4Ffky1G0tHInpltmYq5GfCowKm3H2Qjo
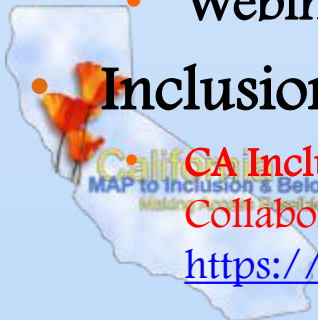
CIBC Services for Family Child Care Providers
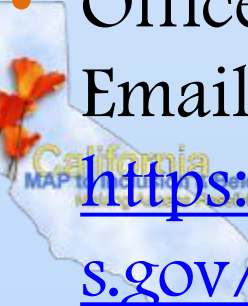## https://cibc-ca.org/wp/about/family-child-care-services/

- Pilot program of services to Fresno, Kings, Madera, Mariposa, Merced, Orange County, Riverside, San Bernardino, San Diego, Tulare, San Mateo, Santa Clara, Santa Cruz, and San Benito.

- Free technical assistance consultation for inclusion and behavior concerns

- For Family Child Care providers who are part of the Family Child Care Home Education Network providers, those receiving funding directly from CDE, or participate in Quality Counts CA.

- Services from an expert consultant include a meeting with the provider for observation of the environment, reflective conversations, development of an action plan and support for implementation.

- Services may be in person or remotely by video conference

Favorite Sources for Free Webinars

- Early Childhood Investigations https://www.earlychildhoodwebinars.com/

- Early EduAlliance https://www.earlyedualliance.org/modules-and-more/

- Office of Head Start Email Updates https://eclkc.ohs.acf.hhs.gov/subscribe

- Head Start ECLKC Disability Services Newsletters: Subscribe https://eclkc.ohs.acf.hhs.gov/children-disabilities/newsletter/disabilities-services-newsletters

- EdWeb.net https://www.edweb.net/inclusiveeducation

54

Action Plan

- Identify three resources that stood out for you today?

- How will you use each resource?

- What resource or idea will you follow-up on to learn more about?

Talk to Us

- Be sure you are on our <u>Mailing List</u> to get our newsletter to hear about new resources and updates

- You can also let us know what you're doing with inclusion by emailing us at <u>map@wested.org</u> or <u>carstei@wested.org</u>

Thank You for Visiting MAP!

California
MAP to Inclusion & Belonging
Making Access Possible